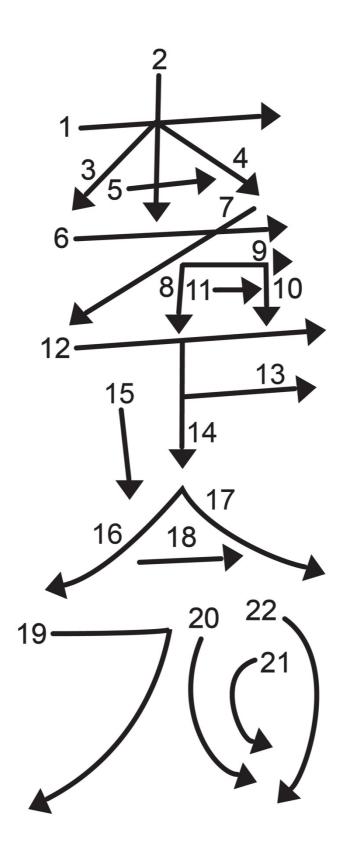
## **HON SHA ZE SHO NEN**



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Hon Sha Ze Sho Nen is known as the Reiki distance symbol. Through its complex "architecture," it enables the practitioner to transcend time and space and send universal energy wherever and whenever needed.

It's the key that enables the energy of other symbols to transcend time and space and heal the past, present, and future events.

Hon Sha Ze Sho Nen is quite a "game-changer." It offers a higher vibration and helps unite the basic Reiki practice with a much more complex approach. And, you can use in almost any Reiki system.

## Hon Sha Ze Sho Nen has 3 main attributes:

- It opens a connecting gateway towards an event or person but without energy transfer;
- It has the power of transitioning time and space in accordance to only what we are allowed to see;
- Within this symbol, there are many keys that open gateways to other manifestations of the universal life force energy;

## Hon Sha Ze Sho Nen has the following uses:

- 1. To transfer energy in the present, past, future, or distance Hon Sha Ze Sho Nen works very well with Cho Ku Rei and Sei He Ki. The typical sequence is CKR + SHK + HSZSN, but it also works backward with the same effect. What matters is the intention. This combination can open a dimensional gateway together with an energy transfer that can reach anyone at any time, regardless of their physical location;
- 2. Healing your past means helping yourself solve certain karmic debts. Remember to use this method only once or twice a week for about 10 minutes per session. You want to heal past events, not bring them back;
- 3. Build Reiki project for both material and spiritual "gifts. When doing so, remember to add "for my greater good." This will

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- ensure the optimum result for you, which can sometimes be different than what you initially expected;
- 4. Use Hon Sha Ze Sho Nen to send energy to your future endeavors. This energy will clear the path towards your optimum result and make things a lot easier to handle when those events unfold;
- 5. You can improve your relationships with partners, family, and friends by sending energy to the present and future using the same sequence as presented above. Just remember to add "for the greater good of everyone involved;"
- 6. The sequence CKR + SHK + HSZSN can help you open or enhance the connection to the universal source of life force energy. If applied in the middle of the room, with the intention of opening the gateway towards the universal energy, it will gradually fill the space with pure energy;
- 7. Connect and channel information from higher spiritual dimensions, including the Akashik Records. As a result, you will receive the amount and quality of information suitable for your current level of vibration and understanding;
- 8. Meditating on this symbol may offer new keys towards unlocking different types of energies that can be used for healing or spiritual growth;
- 9. You can activate this symbol together with Cho Ku Rei and Sei He Ki on each chakra for deeper cleansing and activation. When doing so, try to notice the difference in energy flow during self-treatment;
- 10. Use Hon Sha Ze Sho Nen in meditation to connect to a place that filled you with joy. This can be a real place or somewhere in a higher dimension. Call upon your Reiki spirit guide to support you in this journey;

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